

## Mental Health Summit Update for the Health and Wellbeing Board

### Context

NHS Thanet CCG was tasked by the Health and Wellbeing Board to hold a Mental Health Summit to engage with a wide range of stakeholders working in the field of or with an interest in Mental Health issues. This event took place on Wednesday 21<sup>st</sup> May 2014 at the Turner Contemporary in Margate.

Jess Mookherjee, KCC Public Health Consultant gave a powerful presentation that outlined the challenges facing Thanet's population and care providers. She explained the links between poor mental health, inequality and deprivation and gave some context about Thanet having the highest estimated rates of mental illness within Kent, with Thanet having high levels of mixed anxiety/depression.

Lisa Rodrigues, Chief Executive from NHS Sussex Partnership Foundation Trust gave a presentation about the barriers that exist in the effective treatment of poor mental health and challenged the meeting to think big about our aspirations to change the current situation and deliver excellent care and support for people with Mental Health issues.

As part of the agenda the tables worked through a task, specifically looking at 'what does excellence look like for the residents of Thanet?' and:

- Why haven't we achieved excellence yet?
- What are the barriers and what needs to change to remove these?
- What are the drivers for achieving the changes we are seeking?
- How do we achieve these and who should be involved?

### Attendees

The Summit was attended by patients and carers, representatives of local voluntary and community organisations, consultants and Thanet GPs, including:

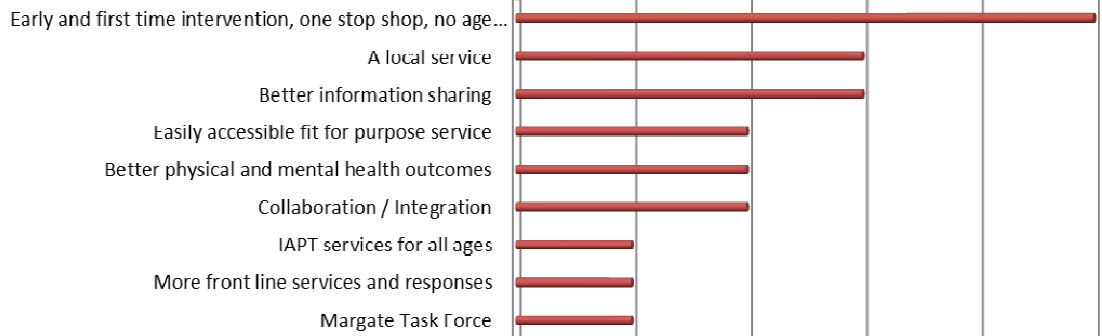
- KCA
- Kent and Medway Partnership NHS Trust
- Margate Task Force
- Healthwatch Kent
- Department for Work and Pensions
- Porchlight
- SECamb

### Table Discussion Feedback

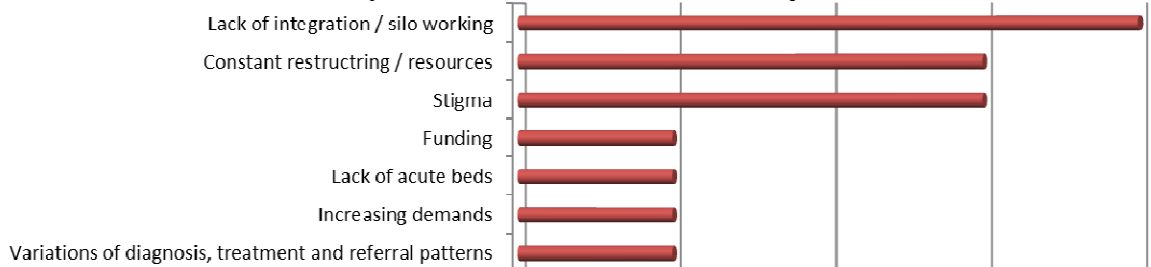
All attendees were split onto nine tables with a member of either the CCG or Kent County Council facilitating the discussions during the afternoon and trying to articulate what individuals felt 'excellence looks like for the resident of Thanet' and provide insight into the questions asked within the agenda for the summit.

The tables below show a breakdown of the most common themes identified by each table at a high level.

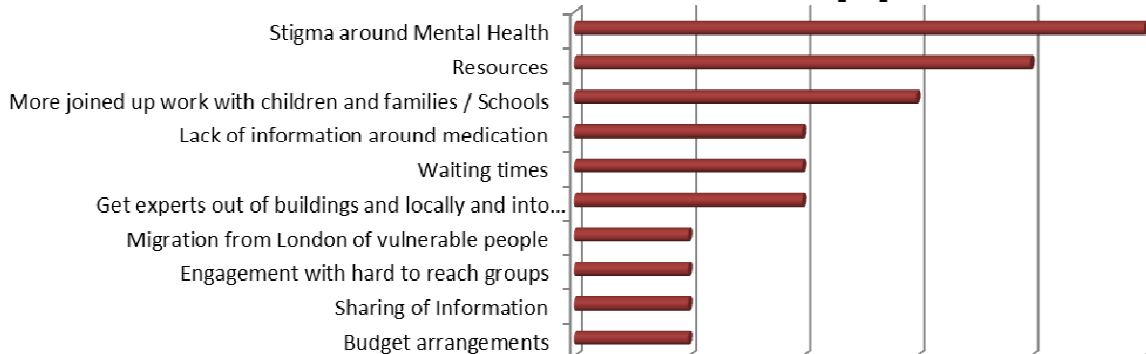
### What does excellence look like?



### Why haven't we achieved excellence yet?

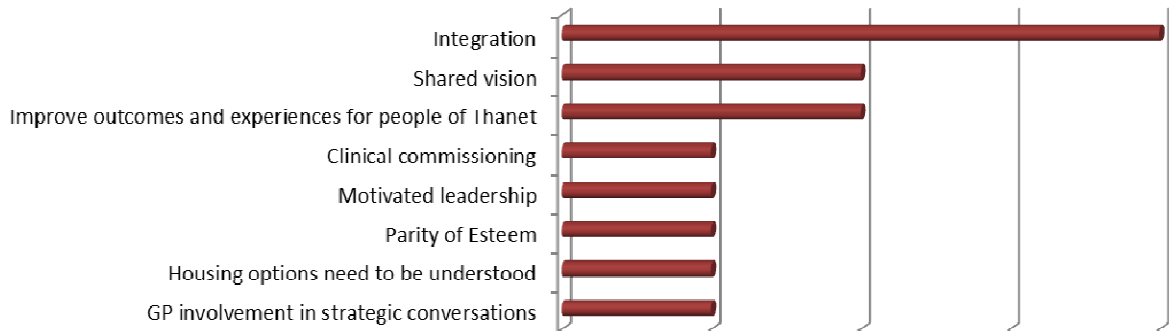


### What are the barriers and what needs changing?

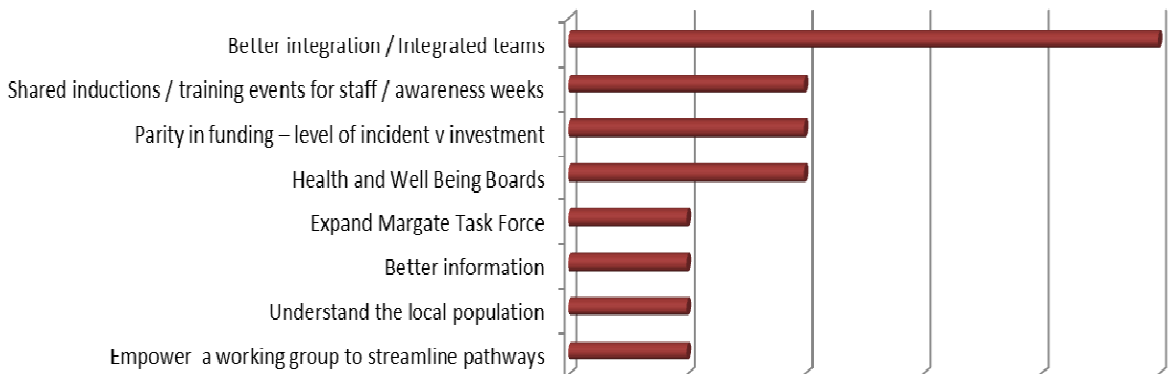


## Thanet Clinical Commissioning Group

### What are the drivers for the changes we are seeking?



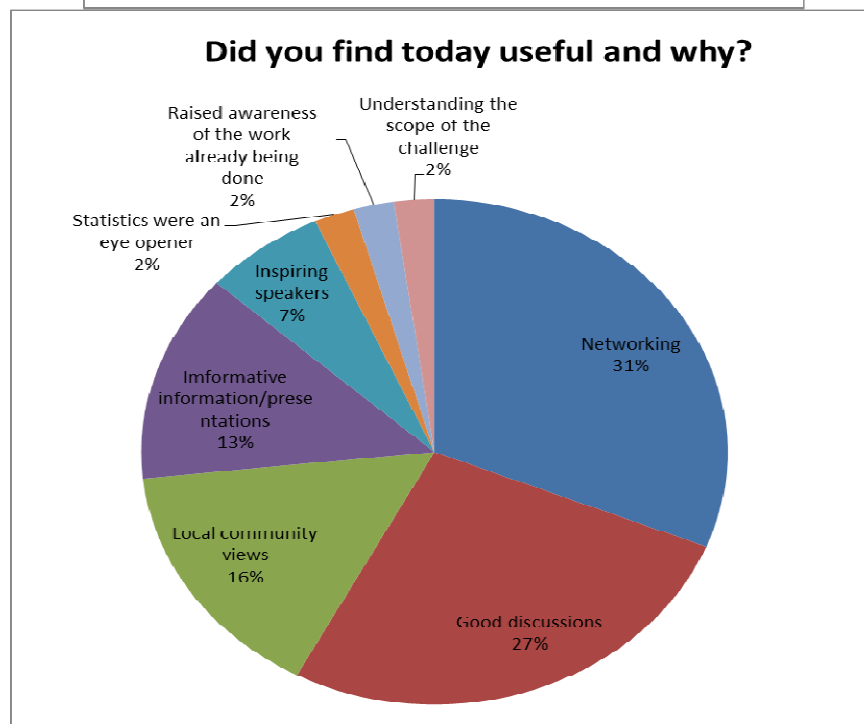
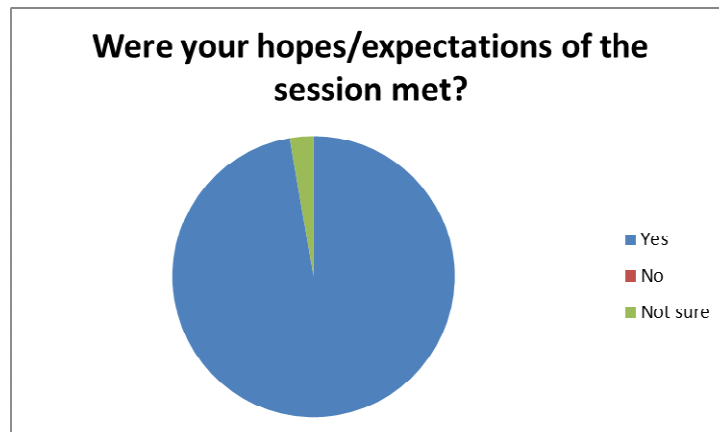
### How do we achieve this?

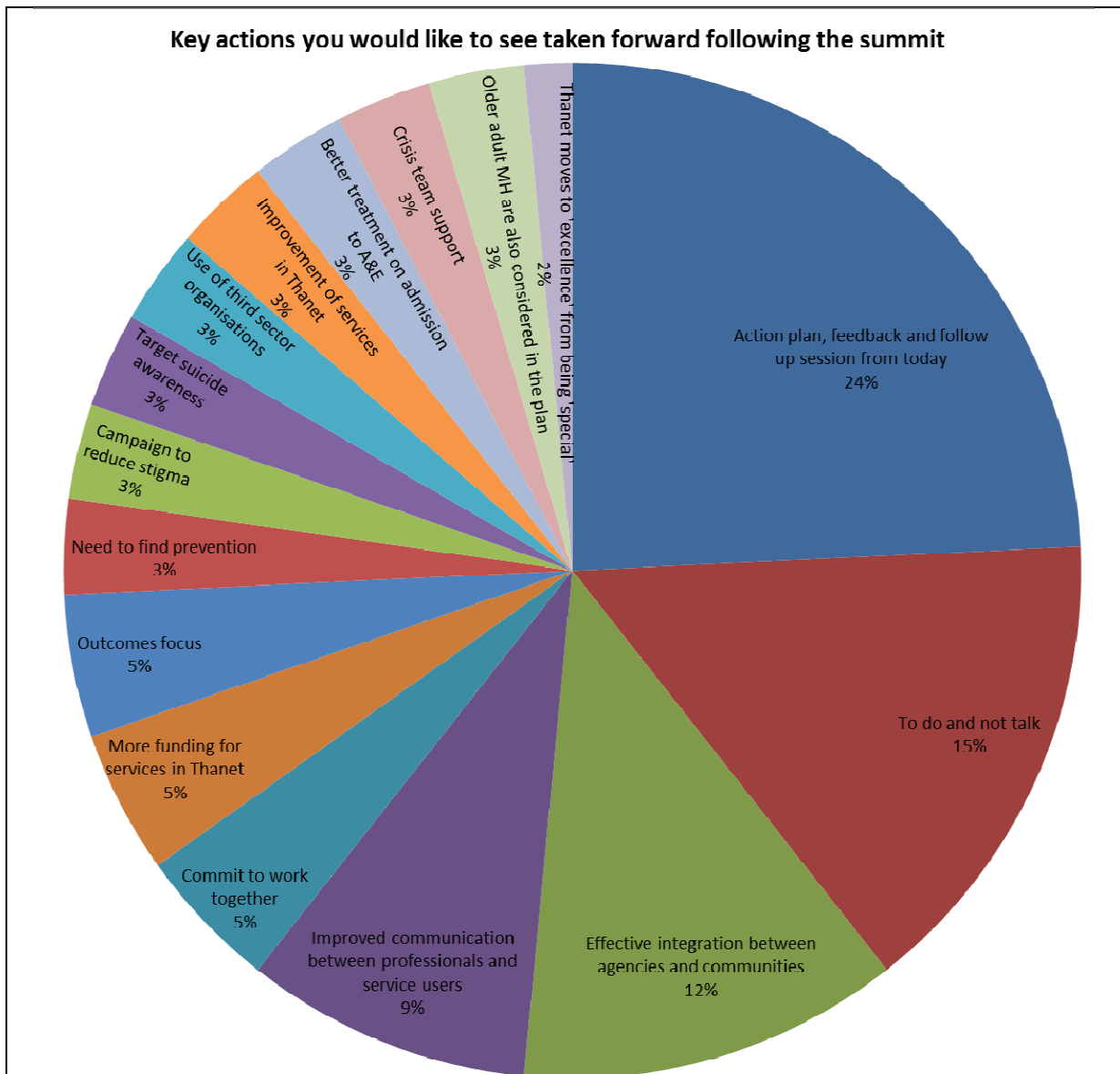


## Thanet Clinical Commissioning Group

Feedback from the summit was very positive. Participants welcomed the opportunity to come together to explore the issues and agree aspirations for change. There was a strong theme running through the feedback that now is the time to deliver on these aspirations and a follow up summit was suggested to report on progress.

The below charts show the key feedback received from the summit.





**Next Steps**

Dr Andy Walton is leading development of Thanet’s Mental Health Plan. Work is in progress to establish an across organisation group whose responsibility it will be to work with Dr Walton to flesh out Thanet’s two year operational plan to address Mental Health inequalities and to improve care and support for our population. In line with summit aspirations there will be a strong focus on delivering change.

The proposed structure below highlights those organisations that are signed up to working with the CCG to realise the Mental Health Plan for Thanet.

In addition, this report will be shared with our Local Mental Health Action Group with the aim of supporting establishment of improved links with service users and carers.

## Thanet Clinical Commissioning Group



A report from the Mental Health Summit will be shared with the wider Thanet CCG membership to ensure that GPs and other Practice staff are informed about CCG aspirations and plans.

A follow up summit has been called for to update about progress in developing and delivering the Mental Health Plan and the workstream leading this work is asked to plan this next meeting.